



## Easy cowl 2015

Designed by Clare Sullivan

Video tutorial - <https://youtu.be/PuBpUBR88Rc>

Easy

8ply/Dk Yarn - Toomuc Valley Yarns dipped in rainbows  
turquoise

Website <http://toomucvalleyyarns.com/>

J/6mm hook

Scissors and yarn needle

Stitches used

- Fhdc – foundation half double crochet – this can be substituted for a chain
- Sc – single crochet



1. Make enough fhdc's to fit around your head or the head measurement you need – remember to make it ½ inch smaller to allow for stretch
  2. To join hdc into the back back loop (see video for explanation of back back loop) of the first stitch
  3. Hdc into the back back loop of each stitch around
- Repeat until you have the cowl the width you need, sc into the next stitch sc into the next, fasten off and sew in ends. Sew gap closed that we have at the beginning of the round

Thank you for choosing my pattern

Clare xx